

GIRLS' WORK AT PALAMA BEGINS WITH NEW WEEK

Miss Florence Lowe, the new head of girls' work at Palama Settlement, came in this week from the Waiolua summer camp with James A. Rath and family and has taken her home with them preparatory to starting the autumn work for girls at the settlement. All classes start next week.

To assist her Miss Lowe has obtained the services of Miss Elizabeth Spencer, a former settlement girl, whose good work was particularly noticeable during the past eight weeks when she assisted Mrs. Mary T. Moore in the management of the better vacation for children at the Kailua school grounds.

The girls' clubs will meet the same as last year and the program which was in force under Miss Evelyn Cunningham will be adhered to for the present. It will be remembered that this set aside Tuesday and Thursday afternoons for the clubs and Wednesday afternoons for the sewing classes. Wednesday evenings are set aside for the young women's gymnasium work.

The K. P. L. Girls' Club will have its first meeting this afternoon to meet Miss Lowe and Miss Spencer and to discuss plans for the year.

Miss Lowe comes from Fitchburg, Mass., near Boston; was a classmate of Mrs. James A. Rath and has been associated with girls and their school and occupational work for several years.

CANADIAN LINER

ASHORE IN TOKIO BAY

(Special Cable to Hawaii Ship)

TOKIO, Japan, Sept. 8.—The Canadian Pacific liner Arabian went ashore in Tokyo bay yesterday afternoon. It is believed that she can be fitted.



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HAWAIIAN NEWS CO., Ltd.

Bishop Street

INTIMATE VIEW OF GERMAN HOPES IS GIVEN IN LETTER TO HONOLULU

(Continued from Page 2.)

A firm belief in our ability to overcome, and to defeat our numerous and powerful enemies in a certain other manner. We have absolute confidence to the measures of our government. Now it is shown that our constitution with the Kaiser at the head possesses numerous advantages: England the Arch-Villain.

land as well as France have gloomy experiences with their administrations.

The French people are to be pitied, for they are being butchered for British interests. We pity them, we who know. Whoever should be the victor in this titanic struggle, France must surely be the loser, even an Englishman will admit this. Poor France! If it were possible that the dead be permitted to observe all earthly doings, poor Napoleon must indeed have turned many times in his grave these last few months.

England the Arch-Villain.

But England: Now she fights for existence and the people are behind their government, but the latter's intention was not this development: they would rather carry on politics of prey and violence which are approved by the people, as long as one could enter it with one or more "moral cloaks" and as long as one was able to turn right into wrong, and vice versa by hypocritical distortions of words and deeds. But this has passed definitely. England must now proceed at her own risk. The time for deception is passing. The empty promises and loud vapors of a year ago will avail England no longer, from now on she will be judged only by her deeds. Her promises have been very misleading to her duped allies.

The prestige, splendor and power which surrounded the British world-empire is no more. The means which she now employs for the artificial maintenance of her authority will have the contrary effect after peace is declared. Her present allies will experience the British selfishness at the declaration of peace and the scales will fall from their eyes. The English national property is so weakened that after peace it can no longer maintain the expense of her fleet and of a great land army. That means the breakdown of the English power and the collapse of the British world-empire. If Gibraltar and Egypt should be lost: what remains then of her power? What then would be the use of the pillaged Greek islands?

Reviews German Situation.

Now to review the German situation. We in the magazine are making moral and other valuable conquests without stealing anything from other people. The money remains in the country, the distress of the war

develops the best qualities of the German people for greater achievements. We work, not for the sake of money, but for the fatherland. "God bless the work!" The extravagant and luxurious tendencies to which some parts of the people were inclined before the war in consequence of the acquired wealth are not possible now. We eat only to appease the hunger. The energy of life and delight in working are increased by this means, the total efficiency of the people is therefore also increased and this will endure many years after the war. I wish you could only see something of the development and activity of the ship-building yards. I will not go into details here, it is well to be discreet until such time as private mail be respected on the seas which God created for Germans and Americans, as well as for Britain and her Allies.

Much Liberty for Prisoners.

You and all foreigners should see in what manner nearly all of the millions of the captured French and Russian soldiers can move around. This is so astonishing that it is almost unbelievable. The prisoners enjoy almost complete liberty, especially on the farms where they are distributed with the families and where they do the work of the father, son or brother fighting at the front. They are treated as members of the families and have joy and delight with those people remaining at home. The races become acquainted with each other in their work and friendships are formed which will last long after the war.

It is hard to believe that agitators and a mendacious press could do away with the understanding between the now hostile nations. I am an optimist in every respect about the future of the German people.

Richard and Martin, the fathers of several children, are soldiers. They did not want me so far. With 46 years I don't think that they will call me, although I could be a very good soldier with millions of other men of my age. We have still lots of men in the country. There are now trained 1,000,000 recruits of which 60 per cent belong to the class of 1916. The class of 1917, more than 500,000, is not to be called in before the next year. The drilling of the recruits goes on without haste just as in times of peace.

Plenty of Men Available.

Besides this there are in the barracks of the country one million at the age of 15 to 45 years that are available for immediate service at the front. The proposed raising of the age limit from 45 to 50 years has been found to be entirely unnecessary. There are always available in the

empire four million reserves and these are excellent material!

In conclusion I wish to say that I believe that there is a bright future in store for the fatherland. Prepare yourself for thorough work after the war; the German mercantile fleet will be on the oceans not smaller than before.

Your good old "Fommern" will soon be sailing proudly up the Weser river, anticipating a joyous welcome from your old Bremen friends, flying the Bremen home flag smiling down graciously on the flag that does not know defeat!

Love to you from all of us,
With best regards, I am yours,
"AUF WIEDERSEHN!"
Uncle Karl and Aunt Lene.

HAVE YOU DYSPEPSIA?

Can't Eat, Can't Sleep, Always in Pain and Suffering

"Eat What You Want," Says This Physician.

"Indigestion and practically all forms of stomach trouble are, in almost every instance, due to hyperacidity. Too much acid first produces dyspepsia and indigestion; next the stomach walls become irritated and it is only a short time until it eats through the walls, causing ulcers in the abdomen, which in turn are followed by cancer and death; therefore stomach sufferers are required to avoid eating food that is acid in its nature, or which by chemical action causes the stomach to develop acidity. Unfortunately, such a rule eliminates most foods which are pleasant to the taste as well as those which are rich in blood, flesh and nerve building properties. This is the reason why dyspepsia and stomach sufferers are usually so lacking in that vital energy which can only come from a well-fed body. For the benefit of those sufferers who have been obliged to exclude from their diet all starchy, sweet or fatty food, and are trying to keep up a miserable existence on gluten products, I would suggest that you try a meal of any food or foods which you may like in moderate amount, taking immediately afterwards a teaspoonful of bisulphated magnesia in a little hot or cold water. This will neutralize any acid which may be present, or which may be formed, and instead of the usual feeling of uneasiness and fullness you will find that your food passes with you perfectly. Bisulphated magnesia is doubtless the best food corrective and antacid known. Drugs only upset the stomach. Bisulphated magnesia has no direct action on the stomach; but by neutralizing the acidity of the food contents, and thus removing the source of the acid irritation which inflames the delicate stomach lining, it does more than could possibly be done by any drug. As a physician, I believe in the use of medicine whenever necessary, but I cannot see the sense of dosing an inflamed and irritated stomach with drugs instead of getting rid of the acid—the cause of all the trouble. Get a little bisulphated magnesia from your druggist, eat what you want at your next meal, take some of the bisulphated magnesia as directed above, and you will find you sleep well and the usual heaving, gas, sour stomach, bloating, indigestion and other conditions entirely removed." For sale by Benson Smith & Co., Chambers Drug Co., and Hollister Drug Co., Ltd.

WILD RUMOR MONGERS JAILED IN GERMANY

BERLIN, Germany. — The German government has decided to take vigorous measures to stop the activities of the rumor mongers who spread all kinds of false and disquieting stories about the war situation. In Brunswick, William Schroeder, a wealthy tradesman, was sentenced to three months' imprisonment last week for telling his friends that the entire German general staff had been captured by the allies in Picardy, and that Field Marshal von Hindenburg attempted suicide after a terrible defeat on the eastern front. The defendant at his trial did not deny that he made this false and silly statement, but he said he acted in good faith, and produced a clipping from a London newspaper which had been sent to him by a friend in Holland.

Miss Bettie Dutton, aged 76, retired in Cleveland, after 58 years of public school teaching.

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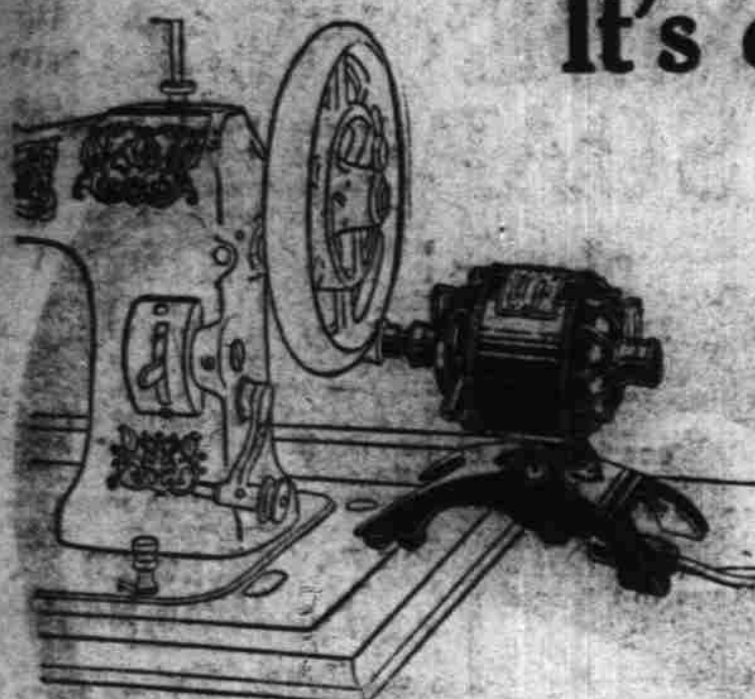
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